



Menu Subject to Change

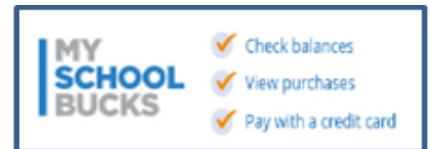
Stroudsburg Area: ELEMENTARY K-4 October LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Cheddar Turkey Burger on a WG Bun Steamed Carrots	3 Mozzarella Stuffed Bread Sticks Tomato Dipping Sauce	4 Crustless Chicken Pot Pie Whole Grain Biscuit	5 Rotini with Meat Sauce (Beef) Tossed Salad	6 Turkey Hot Dog Baked Beans
<i>wk 1 Arlington, Morey, Hamilton "B" Choice: Mixed Green Salad with Cheese, Ranch Dressing, Soft Pretzel</i>				
9 No School Staff Development	10 Chicken Nuggets with a WG Dinner Roll Steamed Carrots	11 Chicken Cheese Steak on a WG Bun Steamed Broccoli	12 Scrambled Eggs Whole Grain Bagel Baked Tator tots	13 Pizza Bagel Fun Lunch Bagel, Mozzarella, Pizza Sauce
<i>wk 2 Arlington, Morey, Hamilton "B" Choice: Hot Turkey Ham & Cheese on a Pretzel Roll with Assorted Steamed Vegetables</i>				
16 Crispy Chicken Patty on a WG Bun Oven Fries	17 Turkey Corn Dog Nuggets Steamed Carrots	18 Turkey Nachos with Baked Tortilla Scoops Cheese Sauce Steamed Corn	19 French Toast Sticks Turkey Sausage Patties Syrup	20 Grilled Cheese (AMH) Assorted Veggies (C.E.) Baked Beans
<i>wk 3 Arlington, Morey, Hamilton "B" Choice: Turkey & Cheese Sandwich with Baby Carrots</i>				
23 Chicken Parm Sandwich On a W.G. Bun Tossed Salad	24 BBQ Shredded Pork on a WG Bun Cole Slaw	25 Chicken Fried Brown Rice (CE) Steamed Broccoli	26 BBQ Chicken on the Bone WG Biscuit Corn Ranch Salad	27 Ham & Cheese Bagel Melt Steamed Carrots
<i>wk 4 Arlington, Morey, Hamilton "B" Choice: Chicken Cheese Steak with assorted Steamed Vegetables</i>				
30 Cheeseburger on a WG Bun Steamed Carrots	31  Happy Halloween Spooky Spaghetti with Monster Meatballs (Beef) Terrifying Tossed Salad	1 Breaded Chicken Drum Stick WG Dinner Roll Tomato Cucumber Salad	2 Nacho Fun Lunch: Baked Scoops, Cheddar Cheese, Salsa	3 Macaroni & Cheese WG Dinner Roll Steamed Broccoli
<i>wk 5 Arlington, Morey, Hamilton "B" Choice: Turkey Ham and Cheese Sandwich with Baby Carrots</i>				
Arlington, Morey, Hamilton "C" Choice Cheese Pizza		Arlington & Morey "D" Choice Smucker's Peanut Butter & Jelly Uncrustable		
CHIPPERFIELD ELEMENTARY (C.E.) DAILY HOT ALTERNATES COLD DELI OPTIONS AVAILABLE ALSO				
Deep Dish Personal Pizza	Turkey Ham & Cheese on a Pretzel Bun	Pepperoni Deep Dish Pizza	Chicken Nuggets w/ W.G. Dinner Roll	French Bread Pizza
Turkey Hot Dog on a Bun	Mozzarella Sticks with Tomato Sauce	Egg & Cheese Bagel Melt	Chicken Cheese Steak on a Bun	Turkey Cheeseburger on a WG Bun
<i>Fresh Fruit & Vegetable Menu, Choose With Any Meal!</i>				
Carrot Sticks Celery Sticks Assorted Chilled Fruit Fresh Orange	Fresh Broccoli Florets Cucumber Coins Assorted Chilled Fruit Fresh Apples	Grape Tomatoes Assorted Beans/ Legumes Assorted Chilled Fruit Fresh Orange	Sweet Green Peas Celery Sticks Assorted Chilled Fruit Fresh Apples	Carrot Sticks Assorted Fresh Veggies Assorted Chilled Fruit Assorted Fresh Fruit

ELEMENTARY: A full student lunch, \$2.15, includes a choice of entrée supplying protein and grain, up two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white, skim white, and skim chocolate. USDA is an equal opportunity employer and provider.

Questions or comments?

Please call Nancy Franks,
Food Service Director at
570-421-4840



Free Lunch = Free Breakfast
Reduced Lunch = Reduced Breakfast

Cafeteria Substitutes Needed!
EOE-M/F/V/D
Call 421-4840 for information Or apply online at
www.compassgroupcareers.com